

Phobic Phone Line

Do You Suffer From?

Panic, Depression, OCD, Stress Related Disorders, Anxiety, Phobias, PTSD

Phobi
FACES FEAR



Help is just a phone call away

0800 1 4 ANXIETY

0 8 0 0 1 4 2 6 9 4 3 8 9

www.phobic.org.nz

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The Phobic Trust - 24 hours - 7 days a week - Nationwide